

Coasted Mango Cafe

HOMEMADE CORNED BEEF HASH

Our homemade hash with an option of folding in onions, mushrooms, and peppers then topped with two eggs cooked your way with choice of side dish and toast 12.99

TWO EGGS *

Served with side and toast Served any way you like 7.99 Add bacon, ham, sausage patties or turkey sausage links 10.99

TOASTED MANGO AVOCADO TOAST *

A fresh avocado smash smothered on multi grain toast, topped with sweet mango, crisp arugula, and feta cheese crumbles. Served with sliced tomato 14.99

OMELETS

SARASOTA *

House roasted turkey, fresh avocado, spinach, tomato and Jack cheese 14.99

THREE CHEESE *

Cheddar, Jack and Swiss Cheeses 9.99 Add bacon, ham, sausage or fresh avocado 10.99

SPINACH & FETA *

Made with fresh spinach and real Greek feta 11.99

DENVER *

Ham, green peppers & onions 11.99 Add your choice of cheese 12.99

SANDI'S SPICY SPECIAL *

Sausage, jalapenos, tomato, onion, pepper jack & cheddar cheeses, topped with sour cream 13.99

GULFSIDE *

Fresh seasoned Bluefin crabmeat & gulf shrimp, with spinach, tomato and Jack cheese 15.99

ON THE SIDE

All eggs and omelets are served with your choice of home fries, grits, potato cake, mixed green salad or fresh seasonal fruit and choice of toast, English muffin or homemade biscuit.

Substitute egg whites for an additional 1.50

EGGS BENEDICT *

Traditional with Canadian bacon 11.99 Florentine 12.99 Black bean veggie w/avocado 14.99 Smoked Salmon 16.99

SMOKED SALMON PLATTER*

Smoked salmon, plump tomato, cream cheese, hardboiled egg, capers, and red onion. Served with a real New York bagel 17.99



Breakfast Menu Breakfast & Lunch Served All Day Ask about our Gluten-Free Options

TOASTED MANGO SPECIAL *

Two eggs, choice of French toast or pancakes, two strips of bacon and home fries 12.99

Substitute whole waffle 2.00 any other changes are an additional 1.00

CREATE YOUR OWN OMELET or BREAKFAST WRAP

Choose any Four: Cheese, spinach, kale, green peppers, mushrooms, broccoli, onion, tomato, jalapeno, bacon, ham, turkey, sausage, corn, or our homemade Southwestern vegetarian chili, with a choice of a side dish 12.99 Add avocado 1.00 Add chicken/shrimp 2.00 Add crab/smoked salmon 3.00

EGG SANDWICH *

Two eggs scrambled served with ham and American cheese on your choice of toast with potato cake, home fries, grits, seasonal fresh fruit or mixed greens 9.99

Sweet Treats

All Waffles and French Toast dusted with Powdered Sugar

AWARD WINNING TOASTED MANGO WAFFLE

Belgian style waffle topped with Fresh Mango, Toasted coconut, finished with real whipped cream 12.99

FRUIT TOPPED WAFFLE

Topped with fresh strawberries, bananas, blueberries, and whipped cream 11.99

BELGIAN WAFFLE

Dusted with powdered sugar and served with our homemade Mango butter on the side 9.99

WAFFLE N' EGG *

Belgian waffle and one egg cooked to order with bacon, ham, or sausage 12.99

TOASTED MANGO FRENCH TOAST

Our house recipe French toast topped with fresh mango, house toasted coconut, and real whipped cream 12.99

FRUIT TOPPED FRENCH TOAST

Topped with fresh strawberries, bananas, blueberries and whipped cream 11.99

FRENCH TOAST

With cinnamon and vanilla, mango butter on the side 9.99

PANCAKES

Served with our homemade Mango butter Full Stack (3) 8.99 Short Stack (2) 7.99 **BLUEBERRY PANCAKES (2)** 9.99 BANANA GRANOLA PANCAKES (2) 9.99 CHOCOLATE CHIP WALNUT

PANCAKES (2) 9.99 Real Vermont maple syrup available upon request for 1.50

THE HEALTHY SIDE

PROTEIN WRAP *

Fluffy egg whites scrambled with fresh sauteed spinach, mushrooms, house roasted turkey, feta and low fat jack cheese all served in a low carb tortilla, with sliced tomato on the side 13.99

BREAKFAST BANANA SPLIT

Creamy yogurt with fresh strawberries, blueberries, and Mango served on top of a fresh sliced banana, and finished with crunchy granola crumbles. Served with your choice of toast 11.99

SLOW COOKED HOMEMADE OATMEAL

Served with brown sugar, and raisins on the side. Cup 5.29 Bowl 6.99 Add seasonal fresh fruit or nuts 2.00

BOWL OF GRANOLA

Served with whole milk 7.99 Add banana 1.00

EXTRAS

Side of Fruit 3.99

Bowl of Seasonal Fresh Fruit 7.99

Homemade Muffin 3.79

Sliced Tomato or Avocado 3.99

Toast, English Muffin, or Biscuit 2.79

Biscuits with Sausage Gravy 8.99

Granola 3.99

Four Bacon Strips 3.99

Four Jalapeno Bacon Strips 4.99

Two Pork Sausage Patties 3.99

Three Turkey Sausage Links 3.99

Ham Steak 3.99

Sausage Gravy 3.99

Grits 1.99

Mixed Green Salad 2.99

Homemade Pico di Gallo 1.59

Sour Cream 1.00

Home fries, Chips, or French Fries 2.99

Homemade Potato Cake 2.99

Side of Corned Beef Hash 7.99

Bagel with Cream Cheese 3.79

3-Bean Mango Salad 3.99 Sweet Potato Salad 2.99

BEVERAGES

Cold squeezed orange, grapefruit 3.79/4.79 Apple, tomato, pineapple, cranberry 3.29/4.29 Iced Tea. Pepsi, Diet Pepsi, Dr Pepper, Mist, Gingerale, Lemonade, Mountain Dew 3.29 Milk 3.29 (Wh or Choc) Almond/Soy 3.79/4.79 Bottled Water 2.50

Coffee 3.29 Espresso 3.79 Cappuccino 4.79 Almond/Soy Creamer 1.00

Beer & Wine Available Domestic Beer 4.29 Imported Beer 4.79 Wine/Mimosa 8.99/10.99 Bloody Mary, Rum Punch, Mangorita 8.99

*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.



Breakfast Served All Day

Lunch Menu

SALADS & SOUPS

SOUP OF THE DAY CHILLED GAZPACHO

Cup 4.99 Bowl 6.29 Garnished with fresh Mango

SOUTHWESTERN VEGGIE CHILI

A delicious combination of fresh garden vegetables, beans, tomato, and sweet corn Cup 4.99 Bowl 6.29 Add fresh avocado & cilantro 1.50 Add cheese or onion .50

THE TOASTED MANGO BLACKENED CHICKEN SALAD

Tender blackened chicken served on top of Romaine with fresh Mango, avocado, cilantro, crumbled Bleu cheese, cucumber and tomato. Served with our citrus vinaigrette dressing on the side 15.99 *chopped add 1.00*

SOUTH BEACH SALAD *

For the carb conscious! A bed of mixed greens topped with an Angus burger patty with fresh avocado, feta cheese, Florida strawberries, tomato and cucumber 14.99 *chopped add 1.00*

COBB SALAD *

Traditional style with our house roasted turkey, egg, bacon, avocado, tomato, crumbled Bleu cheese, and cucumber with your choice of dressing 13.99

CHEF SALAD *

Julienne style ham, turkey, Swiss and American cheeses, served on iceberg lettuce with tomato, eggs, cucumber and your choice of dressing 13.99

NUTTY THAI QUINOA SALAD

Fresh vegetables and crunchy peanuts sauteed in our house Thai sauce, served over a bed of crisp greens, organic quinoa, and tomato wedges. Served with our zesty Cusabi dressing on the side 12.99

CAESAR SALAD

Served with our creamy Caesar dressing and homemade croutons 9.99 Add Chicken or Talapia 4.29 Shrimp 5.29 or Salmon 7.29

EGG, CHICKEN, OR TUNA SALAD PLATTER *

With your choice of seasonal fresh fruit, 3 bean Mango salad, or cole slaw 11.99

Dressing choices:

Citrus vinaigrette, Cusabi, Balsamic vinaigrette, Ranch, Bleu cheese, 1,000 Island, or Honey mustard

WRAPS

Delicious combinations served in a whole wheat tortilla.

TURKEY MANGO WRAP

Our house roasted turkey, with fresh avocado, lettuce, Jack cheese, and our Mango salsa 13.99

THAI VEGETABLE STIR FRY WRAP

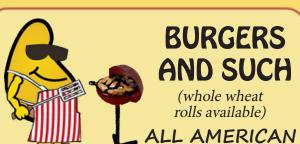
A combination of fresh vegetables sauteed in our Thai peanut sauce with crunchy peanuts and Jack cheese. Topped with sour cream 10.99 Add chicken 3.00 Add shrimp 4.00

BLACKENED TILAPIA WRAP *

Flaky tilapia blackened to perfection, in our low carb tortilla along with our homemade mango salsa, lettuce, tomato, & onion 12.99 Add avocado 2.00

KIMBERLY'S MEDITERRANEAN STEAK WRAP *

Thinly sliced sirloin with sauteed onion, mushroom, Feta cheese and roasted red peppers 12.99



Fresh ground beef, cooked the way you like! Lettuce, tomato, and onion, on a fresh Kaiser roll 11.99 Add cheese 1.00

TURKEY BURGER *

Fresh ground turkey grilled and topped with fresh avocado, melted Jack cheese and garlic mayo 13.99

ZESTY VEGGIE BURGER

Made in house! Black beans, mushrooms, corn, onion, fresh herbs, and a touch of jalapeno. Topped with fresh avocado, arugula and served with our pico de gallo 13.99

JC BLACKENED CHICKEN SANDWICH *

A blackened tender chicken breast, smeared with a tasty combination of whipped cream cheese, zesty jalapenos, and garlic all on a Kaiser roll with lettuce and tomato 11.99

QUESADILLAS *

Chicken, Steak or Shrimp in a whole wheat tortilla, with a blend of cheeses, onion, mushroom, fresh pico de gallo, sour cream & sliced avocado 13.99

All Sandwiches, Wraps & Burgers are served with a choice of 1 side: French Fries, 3 Bean & Mango Salad, Homemade Potato chips, Cole Slaw, Seasonal Fruit, Cottage Cheese, Mixed Greens, or Sweet Potato Salad

COLD SANDWICHES

SARASOTA BLT

A classic with a twist! Loaded with crispy bacon, crunchy iceberg lettuce, garden fresh tomato, mayo, and fresh avocado on your choice of toast 12.99

Add jalapeno bacon 1.00

EGG SALAD

Perfectly seasoned egg salad made on premises with farm fresh eggs and creamy mayo. Served on your choice of bread 10.99

TUNA SALAD

A traditional tuna salad made with all white Albacore tuna and chopped celery 11.99

CHICKEN SALAD

Mama Hutchinson's special recipe! Made with only breast of chicken, Granny Smith apples, and celery 11.99

TRADITIONAL CLUB

House roasted turkey, crispy bacon, American cheese, lettuce, tomato, and mayo on your choice of toast 12.99 Add jalapeno bacon 1.00

HOT SANDWICHES

THE CUBAN

Tender slow roasted pulled pork, thinly sliced ham, melted Swiss, crunchy dill pickle, and mojo sauce all pressed Cuban style on our house baguette 14.99

THE MARYLOU

Creamy blended goat cheese, fresh mango, crunchy jalapeno bacon, and crisp arugula all grilled on our bakery fresh multigrain 13.99

REUBEN

Our homemade corned beef, Swiss cheese, sauerkraut, and 1,000 Island dressing all grilled on our bakery fresh marble rye 13.99

DEBBIE

House roasted turkey, Jack cheese, cole slaw, and 1,000 Island dressing, grilled on our marble rye 12.99

PHILLY CHEESE STEAK

Thinly sliced sirloin grilled with peppers, onions, and Jack cheese 10.99

3 CHEESE GRILLED CHEESE

A down home favorite! Swiss, Cheddar, and American cheeses on your choice of bread 7.99 Add Tomato 1.00 Add bacon 2.00 Jalapeno bacon 3.00

Split Plate Charge - 3.00

*Consuming raw and undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of food borne illness, especially if you have certain medical conditions.

Toasted Mango Cafe 2 Locations: (#1) 430 N Tamiami Trail, Sarasota, FL & (#2) 6621 Midnight Pass Rd, Sarasota, FL

BREAKFAST • LUNCH Monday - Sunday 7:30am-2:30pm 7 days a week (#1) 941.388.7728 (#2) 941.552.6485 www.toastedmangocafe.com